

# Management Headaches in Children and Adolescents

**Aynur Özge, MD, PhD**

Professor of Neurology, Algology and Clinical  
Neurophysiology, Mersin, Turkey

Board Member of IHS



# Disclosures

- Co-opted Trustee of IHS
- Representative of Pediatric SIG of IHS
- Chair of GMPS
- Lecturer of Novartis, Allergan, TEVA, Lilly, Abdi İbrahim ilaç, Ali Raif ilaç
- Headache Advisory Board of Novartis, Allergan, TEVA, Lilly



# Changing life styles...

Aynur Özye, May 28, 2020, Russia

# New life style !





# Headache & Under 18 yrs of age

- Not only headache
- Also
  - Abdominal dyscomfort
  - Dizziness, vertigo
  - Motion sickness
  - Behavioural disturbances
  - Sleep disturbances
  - Medical comorbidities (atopy, epilepsy, psychiatric disorders, rheumatological disorders, vascular comorbidities, etc)



# Additional sources of anamnesis

- Teacher observation
- Nanny observation
- Friend observation
- **Headache diary**
- **Picture of headache**
- Neuropsychological evaluation by professional's
- Social worker observations



# History checklist

- **Location** of maximum pain
- **Quality** – allow child to use own words
- **Intensity** – assessed by effect on behaviour
- **Duration** of headache attacks
- **Frequency** of headache attacks
- **Other symptoms** – loss of appetite, nausea, vomiting, light and noise intolerance
- **Effects of activities** – physical, education and pleasure

# Observation of the children

- Behavior > words
- For example;
  - Could not watch TV during headache attack is this mean that child has photophobia and phonophobia, severe headache attack?
  - Withdraw playing for a while, mean that aggravated headache attacks by physical activity
  - Could not eat anything in mornings mean that having a nausea and highly supported migraine
  - Frequent snuffle because of frequent rhino sinusitis mean that possible association between migraine and atopic disorders

# Define diagnosis

## Episodic Headaches

- Tension type headache
- Migraine without aura (90%)
- Migraine with aura (10 to 15%)
  - Visual \* (commonest)
  - Parasthesia
  - Vestibular symptoms (brainstem aura)
  - Hemiparesis (motor aura)
  - Dysphasia (motor aura)
- Rare entities/Short duration
  - Trigeminal autonomic cephalgia (TAC) eg Cluster
  - Primary stabbing headache



# Migraine

1.1 Migraine without aura

1.2 Migraine with aura

1.2.1 Migraine with typical aura

1.2.2 Migraine with brainstem aura

1.2.3 Hemiplegic migraine

1.3 Chronic migraine

1.4 Complications of migraine

1.5 Probable migraine (all criteria save one)

1.6 Periodic syndromes or episodic syndromes closely related to migraine

# Case 1: 9 year-old girl

## *Headache for 5 months*

- 1-2 attacks per month
- Attacks last 3 to 4 hours
- Pain is severe enough to stop activities
- Headache is throbbing and mainly bi-frontal , rarely unilateral

No aura symptoms

## *Associated symptoms*

- Loss of appetite
- Nausea
- Light, noise and odor intolerance
- Motion sickness

## *Relieving factors*

- Rest, sleep, massage, cold compress
- Paracetamol
- \* **Normal neurological examination**

# Migraine without aura (ICHD-3)

At least 5 headaches lasting **2-72 hours** plus

Some shorter

At least two of the following:

- Unilateral location **>50% bilateral**
- Pulsating quality **Many can't describe pain**
- Moderate or severe intensity **Infer intensity from behaviour**
- Aggravation by walking or similar routine activity

At least one of the following

- Nausea and/or vomiting
- Photophobia and phonophobia

Nausea 90%, vomiting 60%

Pallor or atypical cranial  
autonomic features

Sleep or massage helps

# Migraine with typical aura (ICHD-3)

At least **2** attacks of headache with aura as below

The aura consists of visual, sensory, speech symptoms commonly or rarely unilateral motor, brainstem or retinal symptoms

Aura consists of 3 / 4 of the following:

- symptoms develop over >5 min and / or in succession
- each symptom lasts less than 60 minutes
- at least one aura symptom is unilateral
- headache follows aura within 60 minutes

# Migraine with 'typical aura'

Blurred vision  
Loss of acuity  
Blind spots

Spreading  
shimmering lights  
'Fortification  
spectra'

Spreading  
Numbness  
'Pseudo-weakness'

Tingling / burning



# Not a 'typical' aura

Rapid onset of aura  
(seconds)

Genuine  
Weakness

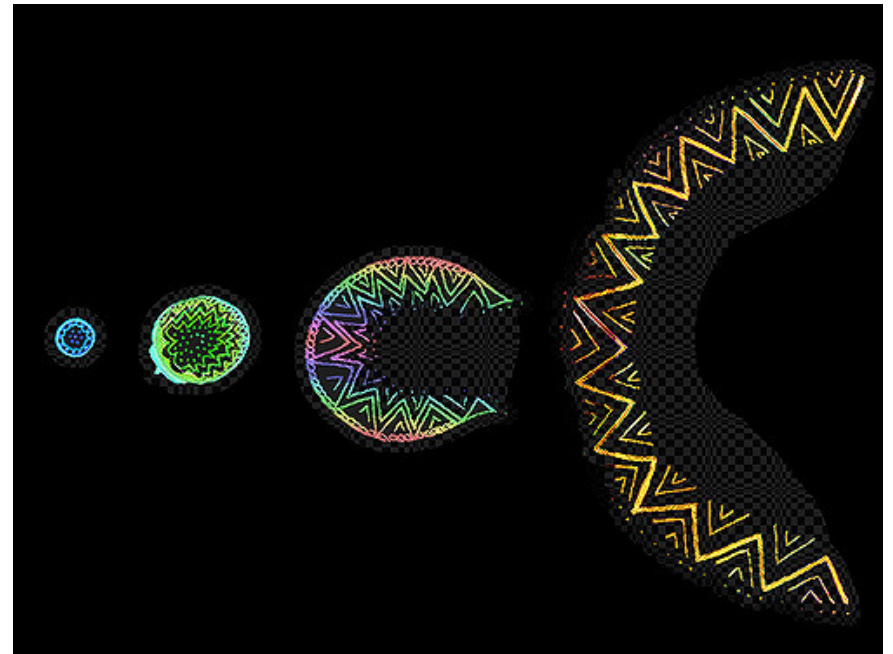
Aura > 60 mins

Diplopia  
Vertigo  
Dysarthria  
Coma

No headache

Symptoms of disordered  
perception = 'Alice in Wonderland'

# Which one is the migraine aura?



# Case 2: 13 year-old boy

2 vertigo and vomiting attacks 6 months apart

Initial symptoms

- Room-spinning
- Tinnitus and drowsiness

Headache

- Severe, bifrontal, throbbing

Associated symptoms

- Nausea and vomiting
- Phonophobia
- Motion sickness
- Positive family history of migraine

Relieving factors

- Sleep helps

Examination between attacks

- Normal

# Migraine with brainstem aura

- Commonly seen in patients who also have migraine with typical aura
- ICHD-3 require that 2 attacks have to have occurred, and suggest excluding TIAs

dysarthria

vertigo

tinnitus / hypoacusis

diplopia

ataxia

decreased level of consciousness

	<b>Migraine in Adult</b>	<b>Migraine in Children</b>	<b>TTH in Children</b>
<b>Site</b>	Temporal	Frontal	Frontal
<b>Laterality</b>	Unilateral	Bilateral	Bilateral
<b>Pain</b>	Moderate to severe	Mild to severe	Mild to Severe
<b>Time</b>	4 to 72 Hours	Minutes to hours	Minutes to hours
<b>Nature of pain</b>	Throbbing/Stabbing	Any form	“Band like”/Compressive
<b>Associated symptoms</b>	Nausea or Vomiting Photophobia or Phonophobia	Not always	No associated symptoms
<b>Aura</b>	1/3	Rare	Not present
<b>Disability</b>	High	High	Mild to moderate



# Secondary causes of acute headache in children and adolescents

A. Any headache fulfilling criterion C

B. A cause must be identified and the headache must be able to be attributed to the cause

C. Evidence of a cause must be present at least two of the following:

**Differentiate a cause  
of secondary  
headache disorders**

1. Onset of the headache is related to the onset of the cause

2. The headache improves with improvement of the cause

3. The headache is better accounted for by another ICD-3 diagnosis.

D. Not better accounted for by another ICD-3 diagnosis.

# Acute headache in a child or adolescent

With fever or immunosuppressed

Neck stiffness

No

- Upper respiratory system infection
- Sinusitis
- Laryngitis
- Otitis

Yes

Without focal neurological disturbances

Lumbar puncture

- Meningitis
- SAH
- Encephalitis

CT normal

With focal neurological disturbances

CT / culture

CT abnormal

Neurosurgery consultation

- Tumor
- Abscess
- Hydrocephalus
- Shunt dysfunction

Without fever

Abnormal neurological examination

CT/ MRI

Tumor  
Hydrocephalus

Neurosurgery consultation

- Tumor
- Abscess
- Hydrocephalus
- Shunt dysfunction

Normal neurological examination

Normal

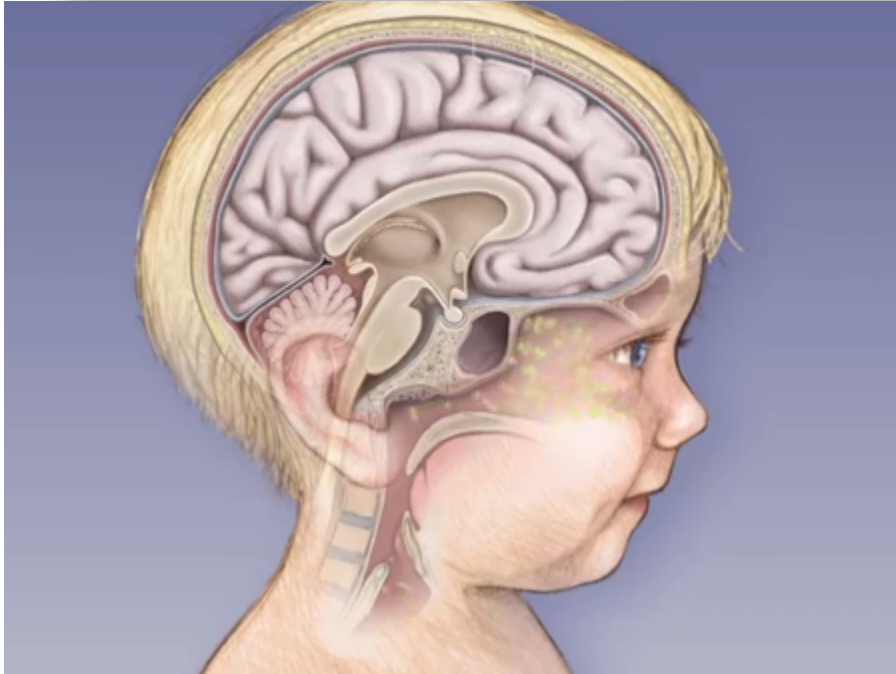
Lumbar puncture

Erythrocyte

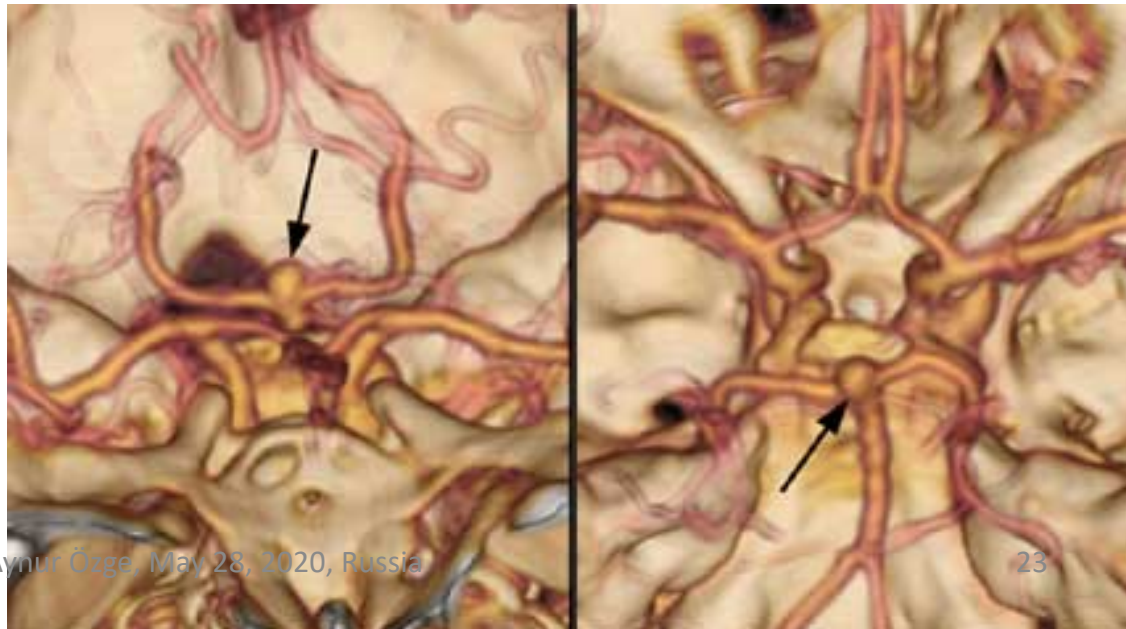
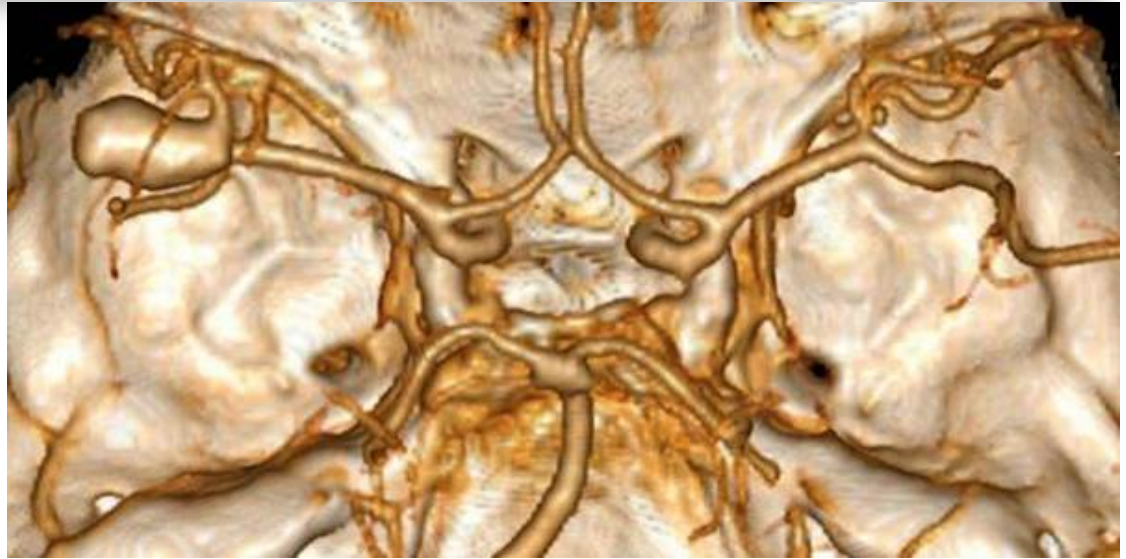
SAH

- Migraine equivalent
- TTH
- HT
- MOH
- Intoxication
- Epilepsy variants

# Meningitis & Encephalitis

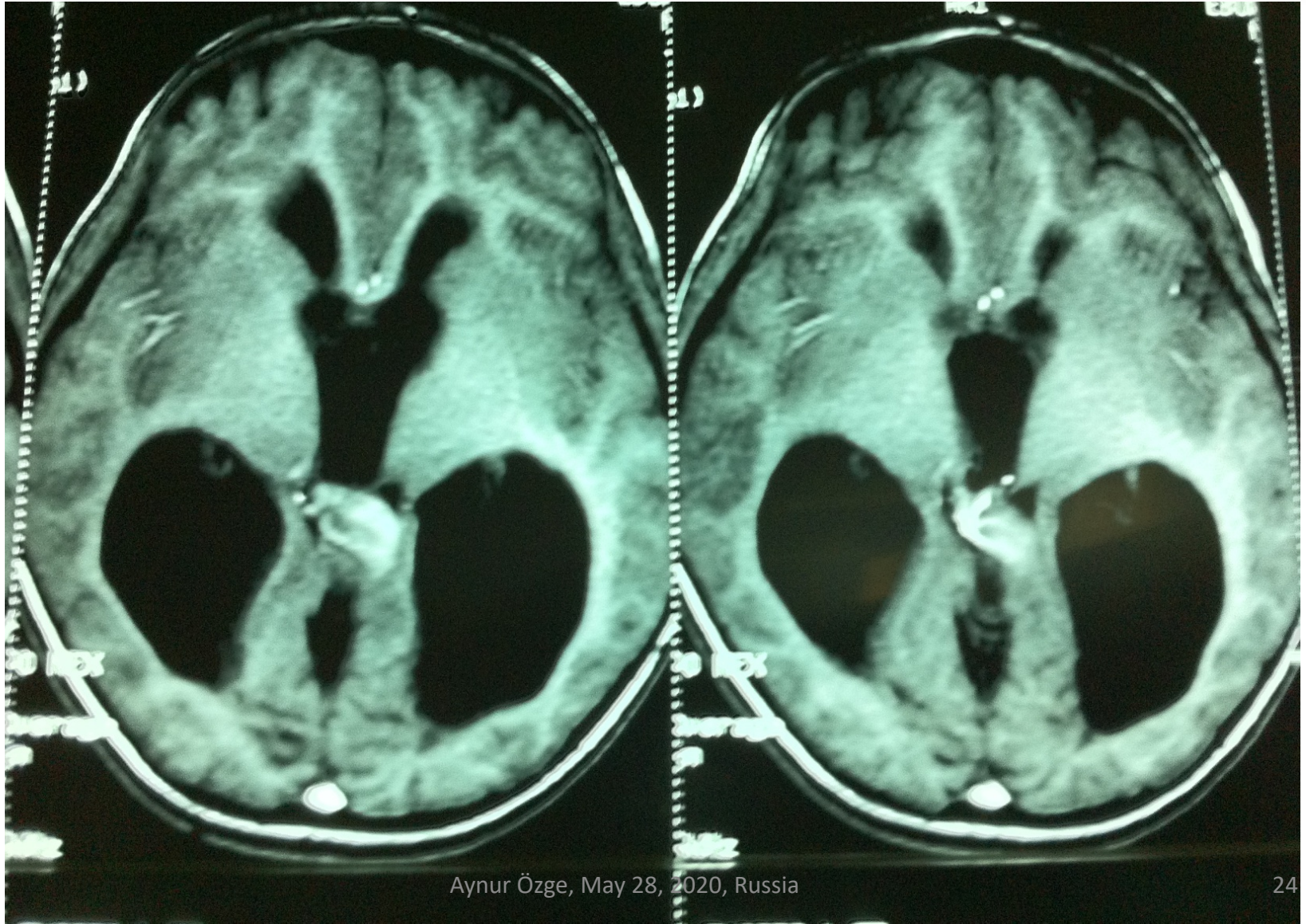


# Paediatric SAH





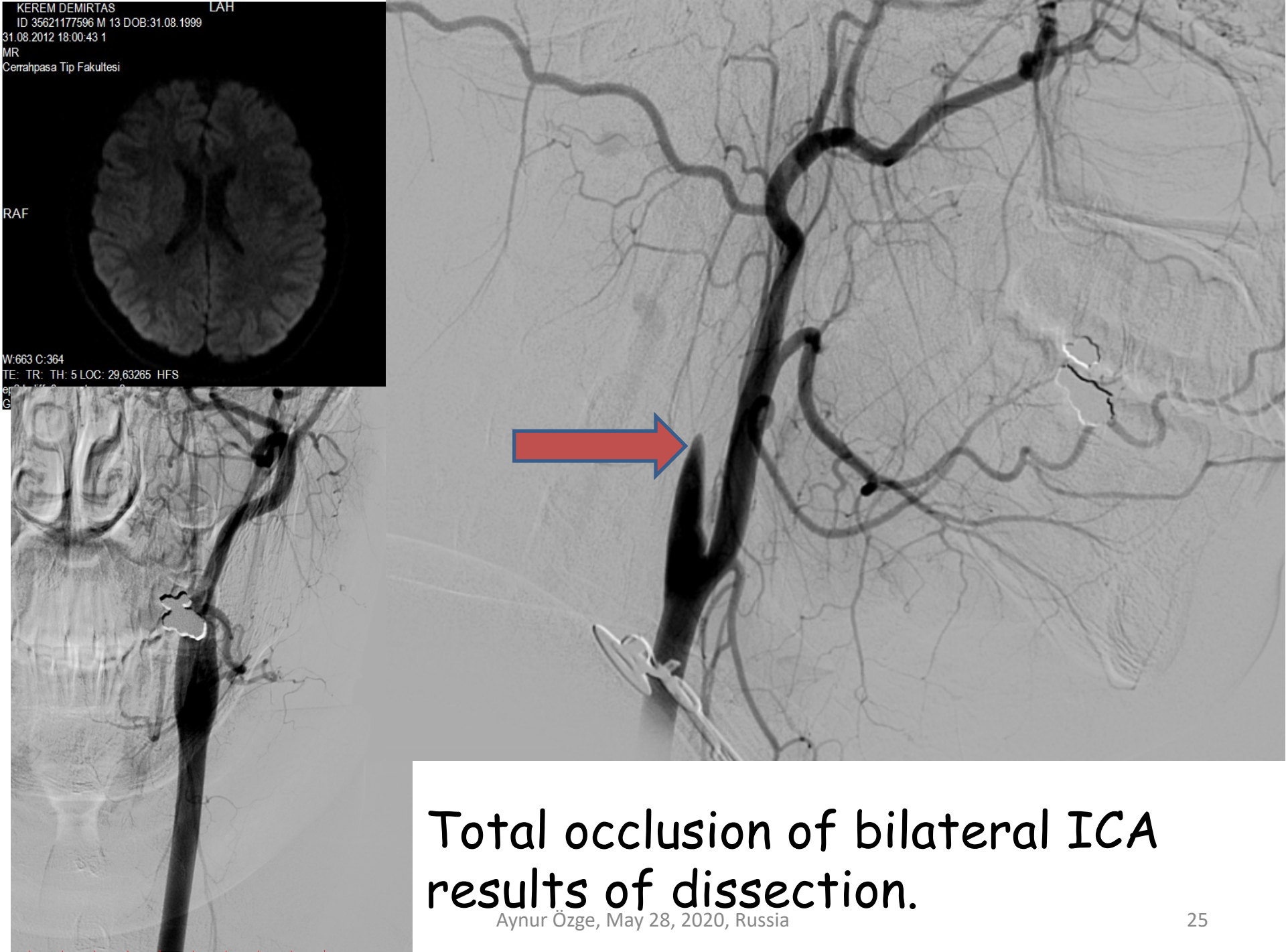
# Galen vein aneurysm





RAF

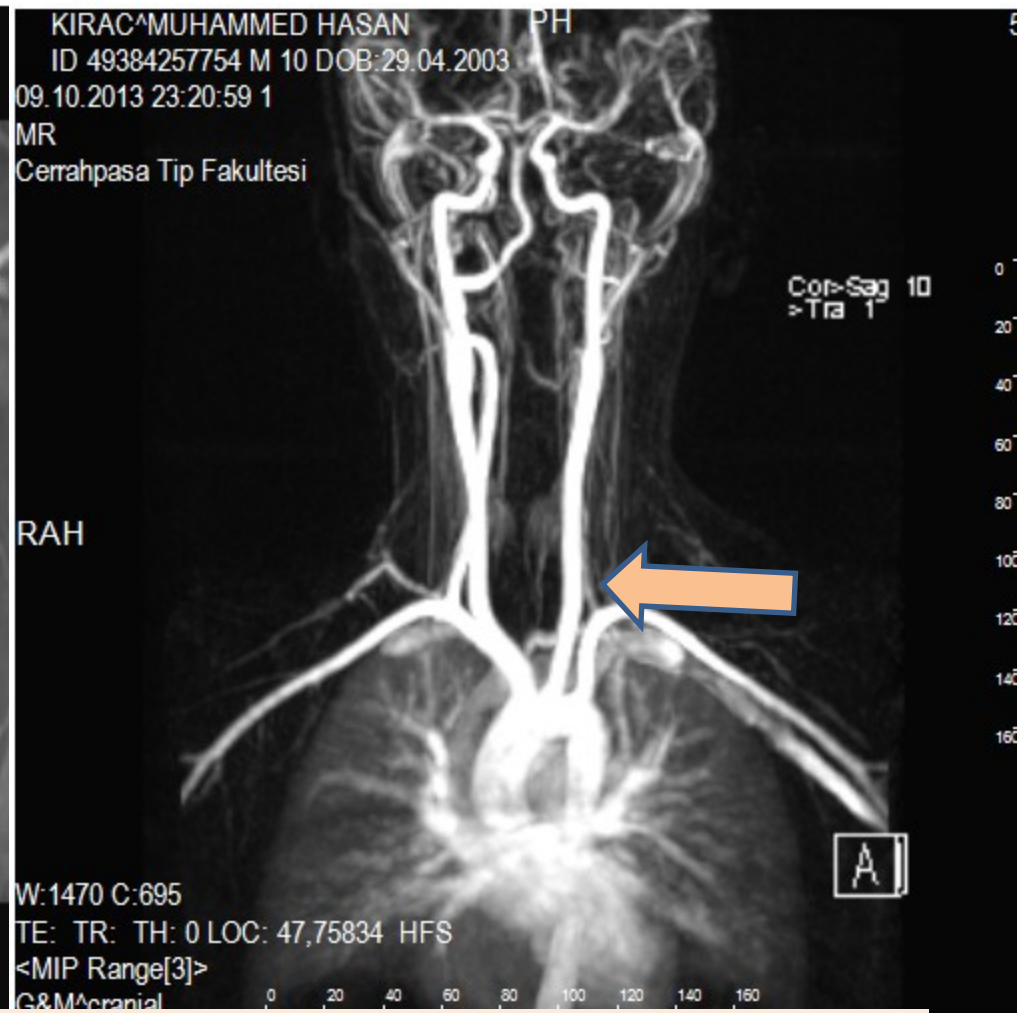
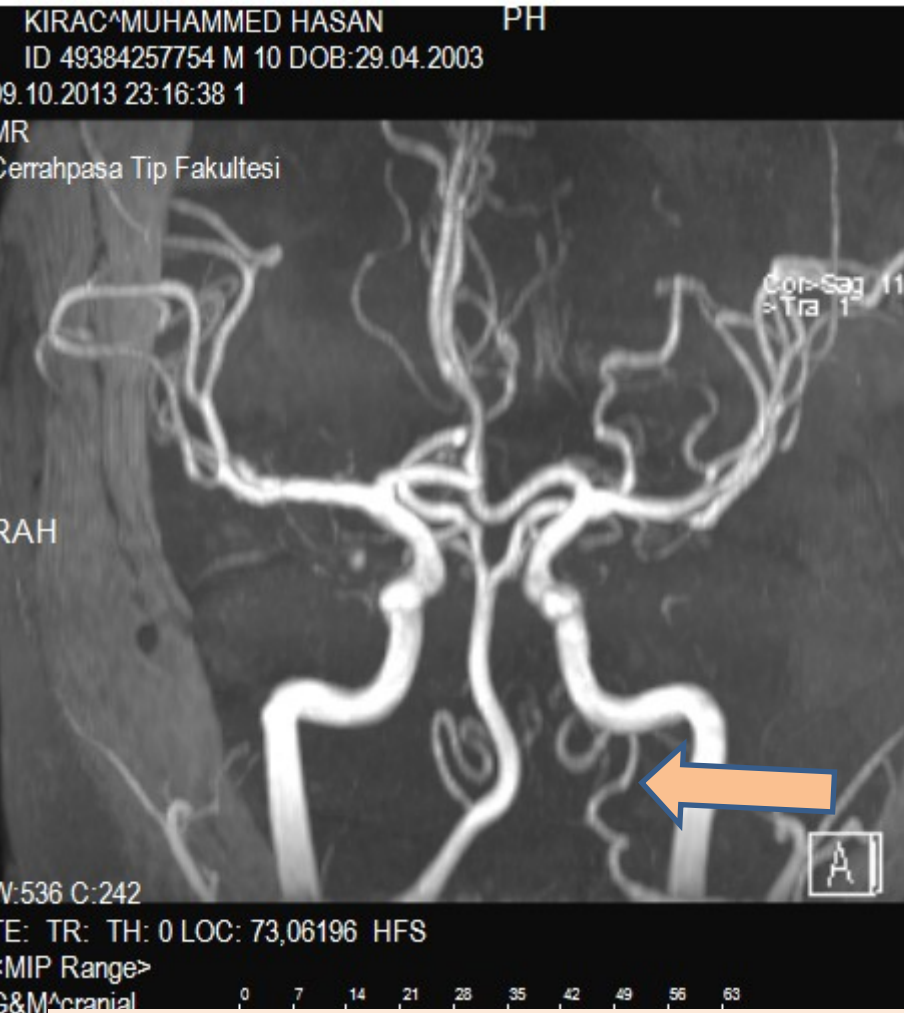
W:663 C:364  
TE: TR: TH: 5 LOC: 29,63265 HFS  
ep: 1.55 G  
G



Total occlusion of bilateral ICA  
results of dissection.

Aynur Özge, May 28, 2020, Russia

# Vertebral artery dissection



**!!! Especially children with connective tissue disorders, whiplash trauma history or some genetically abnormalities.**



## 27



# **The general principles of management of primary headache disorders in children and adolescents**

- Establish the diagnosis
  - Look for possible comorbidities
  - Ask for triggers
  - Share real expectations procedure with the child and family
  - Use a headache diary
- **Choose non-pharmacological procedures first and then life style regulations, includes regular meals, sufficient fluid intake, physical exercise and sleep**
  - **In pharmacological approach, prefer minimum drug, minimum duration and minimum side effect depending on the comorbidities.**



# Migraine



Aynur Özge, May 28, 2020, Russia

Nelce  
2014

# Attack management

Drug	Licensed for	Single dose	Maximum dose	Minimum interval	Dose form
Ibuprofen	All ages	10–20mg/kg	40mg/kg/day	2 hours	Oral suspension Effervescent tablet
Paracetamol	All ages	10–15mg/kg	60mg/kg/day	2 hours	Rapid tablet Oral suspension
Sumatriptan	>12 years	10mg (20–39kg) 20mg (>39kg)	20mg/day 40mg/day	2 hours	Nasal spray
Rizatriptan	>18 years	5mg (20–39kg) 10mg (>39kg)	10mg/day 20mg/day	2 hours	Tablet
Zolmitriptan	>18 years	2.5mg 5mg	5mg/day 10mg/day	2 hours	Nasal spray Tablet
Prochlorperazine	Weight >10kg	0.10–0.30mg/kg 0.1–0.15mg/kg	0.4–0.5mg/kg/day Max single dose 10mg	4 hours	Tablet Injection solution

- **If necessary ! (commonly shorter than 1 hour)**
- **Together with antiemetic**
- **Proper dose and form**
- **Check the overuse !**

Abu ARafeh I. Progress in  
Neurology and Psychiatry  
July/August 2014

# Wash-out/ Bridge therapy

- Hydration
- Corticosteroids (*dexametazone or prednizolone*)
- Antiemetics (*metoclopramide/domperidone*), neuroleptics
- Sleep (*amitriptyline, mirtazapine*)
- Saving drugs (limited doses of analgesics)
- Co-morbidity management like anxiety, depression etc.
- Interventional procedures

Curr Pain Headache Rep (2016) 20: 14  
DOI 10.1007/s11916-016-0538-z

CHILDHOOD AND ADOLESCENT HEADACHE (S EVERS, SECTION EDITOR)



# Migraine prevention

- Medical
  - Beta-blockers (Propranolol, atenolol)
  - TAD
    - Amytriptiline
    - Nortriptiline
  - Ca-channel blockers
    - Cinnarizine: bedtime 1.5 mg/kg/day or 50 mg/day (> 30 kg)
  - Antiepileptics
    - Topiramate
    - Valproate
    - Lamotrigine
  - SNRIs
    - Venlafaxine
    - Duloxetine
- Cognitive Behavioral Therapy
- Neuromodulation Devices
- Supplements (Riboflavin, Coenzyme Q10, Magnesium, Melatonin)

# Migraine prevention

## Prophylactic medications are recommended

- ☐ When migraine attacks are occurring with sufficient frequency (usually 3–4 per month) and severity to impact a patient's daily function or quality of life (e.g. missing school).
- ☐ To minimize adverse effects of the prophylactic medications, they are started at the lowest dose and titrated upward as needed.
- ☐ They have to give a through time period (at least 4–6 months), and
- ☐ Both of the comorbidities and side effects of the mentioned drug have to be taken into consideration

# Migraine prophylactic management

Drug	Total daily dose	Dose frequency	Evidence
Flunarizine	5–10mg	Once per day	DB, PC, RTs
Topiramate	1–2mg/kg	Once per day	DB, PC trials
Pizotifen	0.5–1.5mg	Once per day	DB, open trials
Propranolol	1–3mg/kg	Twice per day	DB, open trials
Amitriptyline	0.25–1mg/kg	Once per day	Open trials
Sodium valproate	500–1000mg	Twice per day	DB, open trials
Cyproheptadine	2–8mg	One or two doses per day	Open trials

DB: double blind; PC: placebo controlled; RTs: randomised trials.

- Make a good collaboration
- Monitored side effects
- Be careful for interaction
- Consider comorbidities
- Sustained at least 6 months except Flunarizine

Abu ARafeh I. Progress in  
Neurology and Psychiatry  
July/August 2014

# Prophylactic managements...

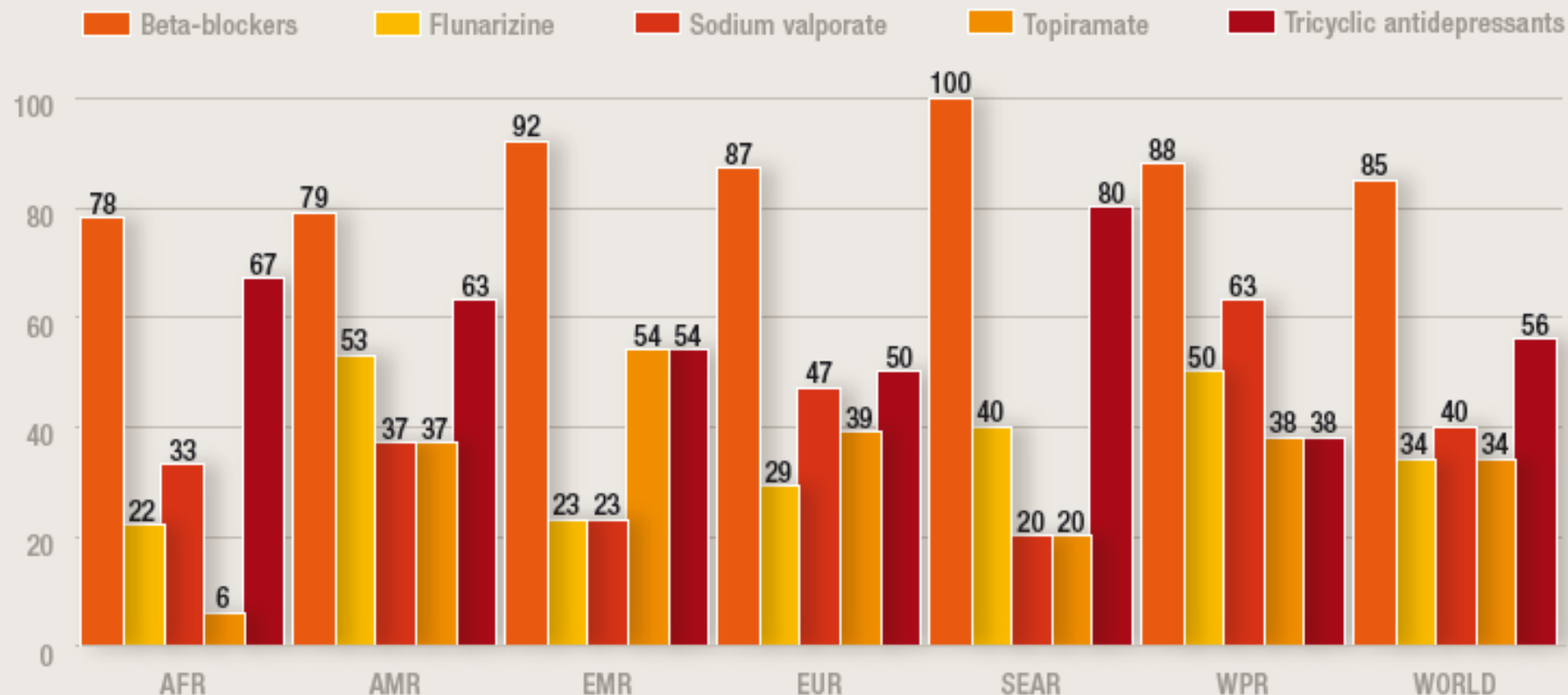


FIG. 6.12 Most-preferred prophylactic drugs for migraine, worldwide and by WHO region (median % of individual responses)





## Case 3- *AT, 17 Y, girl, living with her mother and 11 yrs sister, 11th Grade of High school, Low academic success, referred by family physician*

- Sustained pain problems all the body,
  - Pain areas all over the body for 5 years
  - Especially on the back, lowback and limbs
  - Asthenia , she can not rest comfortably, sleep and adjustment problems
  - Psychiatric evaluation; Internalizing problems, bipolar disorders?, suicide risk?
  - Ibuprofen and paracetamol more than 20 tablet each month for the last year
  - Headache?



# Case- continue

- **Headache;**

- Started 5 years ago after menarch, and last year she had more than 20 headache days
- Attacks; located on periorbital, sometimes unilateral, described as pressing or throbbing quality with a distrubing her daily living activity (VAS>8), 1-3 hours duration, associated photo-phonophobia, nausea, osmophobia, diziness, motion sickness and cranial allodynia
- Neither prodrom nor aura
- Triggers; stress, sleep problems, letting starving, menstrual cycle (1st day of mens), noise, electronic overuse

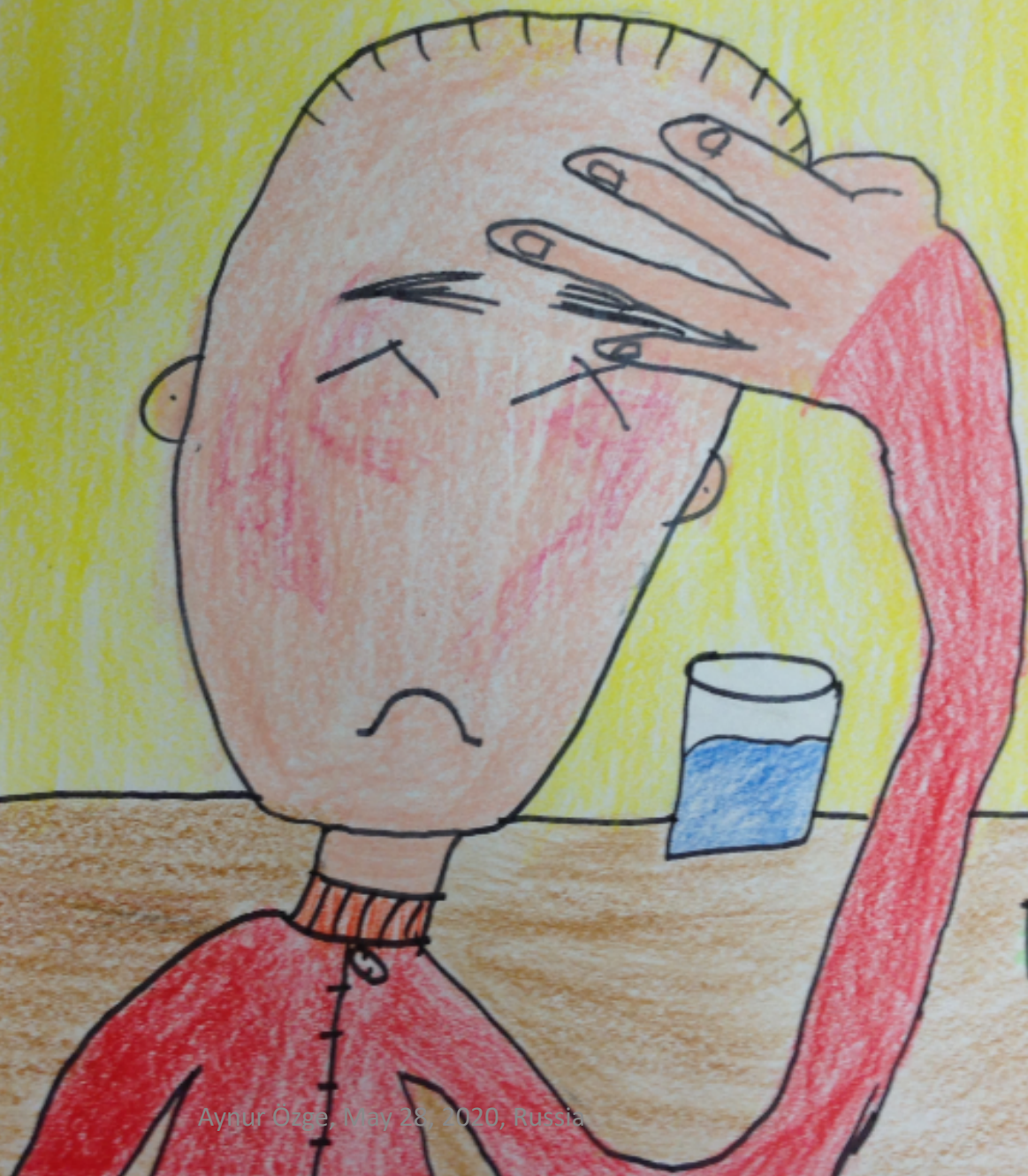
# Case- continue

- Past med history: Atopic rhinitis, atypical abdominal pain attacks at 3-4 yrs, low self-esteem, depressive mood, generalized anxiety disorders
- Family history: Divorced parents, father alcohol abuse, mother and grandmother has migraine
- Medications: Escitalopram, amitriptylin, ibuprofen, paracetamol
- Low water consumption, unregular and unhealthy diet, BMI 26.2 kg/m<sup>2</sup>, smoking on the last years ½ pack per day



# Case- continue

- Ex: Normal
- Neurologic Ex: Cutaneous allodynia (V1), Trigger points (pericranial, GON)
- Lab : Normal including immunological and whole rheumatological screen
- Cranial MR: Normal (mucosal thickness reported and consulted with ENT dx allergic rhinosinusitis)



# Headache diagnosis?

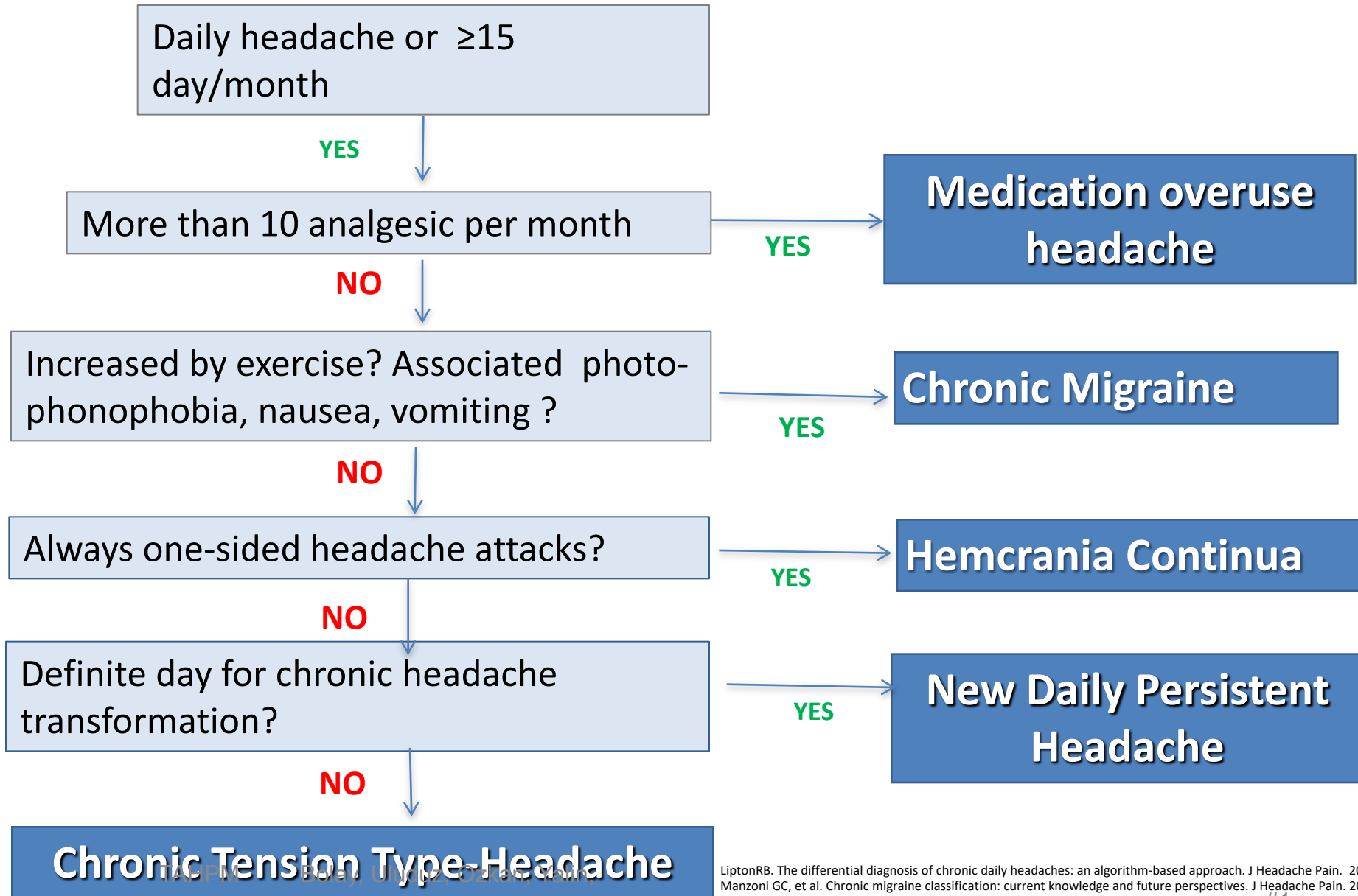
**FIRST** Secondary causes should be excluded!

Also;

- Chronic migraine
- Chronic TTH
- Medication overuse headache
- Fibromyalgia related headache
- TMJ dysfunction related headache



# Chronic headache Dx





# 1.3 Chronic migraine

**A. Headache (tension-type-like and/or migraine-like) on  $\geq 15$  days per month for  $>3$  months and fulfilling criteria B and C**

**B. Occurring in a patient who has had at least five attacks fulfilling criteria**

**B-D for 1.1 Migraine without aura and/or criteria**

**B and C for 1.2 Migraine with aura**

**C. On  $\geq 8$  days per month for  $>3$  months, fulfilling any of the following:**

**1. criteria C and D for 1.1 Migraine without aura**

**2. criteria B and C for 1.2 Migraine with aura**

**3. believed by the patient to be migraine at onset and relived by a triptan or ergot derivative**

**D. Not better accounted for by another ICHD-3 diagnosis**

# CM in children

Original Article



Antonaci et al. The Journal of Headache and Pain 2014, 15:15  
<http://www.thejournalofheadacheandpain.com/content/15/1/15>

The Journal of Headache and Pain  
a SpringerOpen Journal

## Epidemiological-based childhood headache natural history study: After an interval of six years

Cephalalgia  
0(00) 1–11  
© International Headache Society 2010  
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[sagepub.co.uk/journalsPermissions.nav](http://sagepub.co.uk/journalsPermissions.nav)  
DOI: 10.1177/0333102409351797  
[cep.sagepub.com](http://cep.sagepub.com)  
SAGE

Aynur Ozge<sup>1</sup>, Tayyar Sasmaz<sup>1</sup>, Sema Erol Cakmak<sup>1</sup>,  
Hakan Kalegasi<sup>1</sup> and Aksel Siva<sup>2</sup>

## REVIEW ARTICLE

Open Access

## The evolution of headache from childhood to adulthood: a review of the literature

Fabio Antonaci<sup>1\*</sup>, Cristina Voiticovschi-Iosob<sup>2,3</sup>, Anna Luisia Di Stefano<sup>4</sup>, Federica Galli<sup>1</sup>, Aynur Ozge<sup>5</sup> and Umberto Balottin<sup>1,6</sup>

- Epidemiological based CM prevalence is 1.7%
- Prevalence increases by age
- Migraine in father and sister increases the prevalence in individuals
- Pain frequency, severity and duration increases the prevalence
- Associated risk factors are; anxiety dis, depression low socio-economic status

Curr Pain Headache Rep (2016) 20: 14  
DOI 10.1007/s11916-016-0538-z

CHILDHOOD AND ADOLESCENT HEADACHE (S EVERS, SECTION EDITOR)

## Chronic Migraine in Children and Adolescents

Aynur Ozge, May 28, 2020, Russia

Aynur Özge<sup>1</sup> • Osman Özgür Yalın<sup>2</sup>





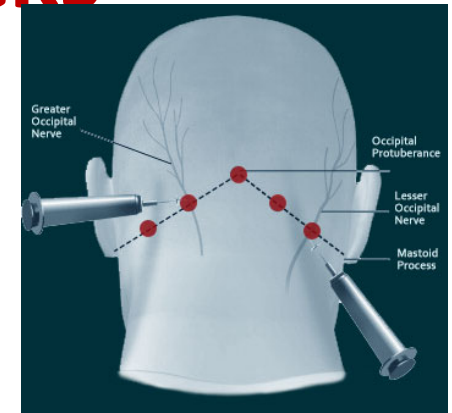
# Management of our cases

- Lifestyle changes, (diet, drink, sleep, exercise, leisure time, mother collaboration, school consultation)
- Headache diary !!!
- STOP analgesics
- Psychiatric management including sleep, anxiety, depression
- Migraine prophylactic med. (topiramate)
- Interventions (Bridge therapy GON blockade, trigger point injections and BOTOX)



# Peripheral nerve blocks

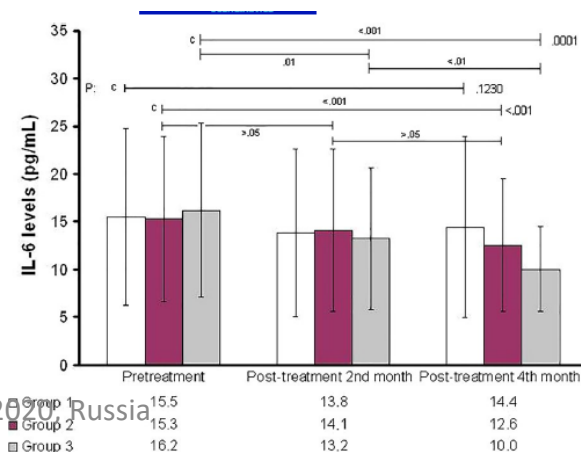
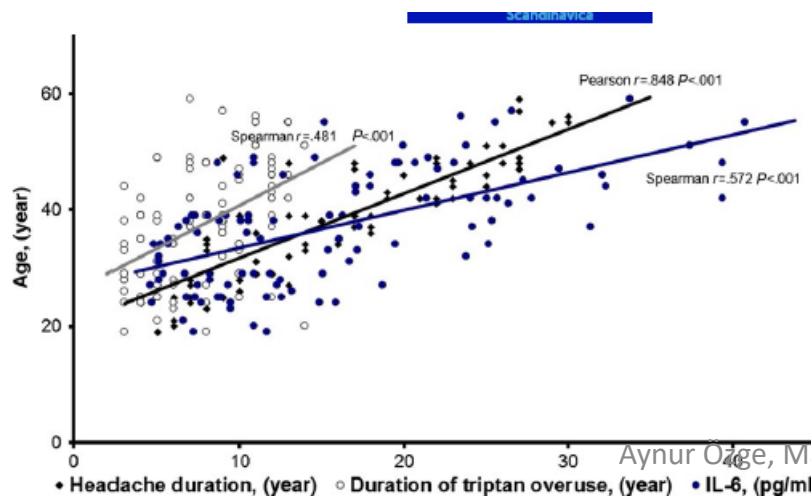
- GON Blockage
- LON Blockage
- Supraorbital, infraorbital nerve Blockages
- Gasser ganglion Blockage
- Trigger point injections
- Dry-needle injections
- Neuromodulation procedures etc.



# Greater occipital nerve block in the treatment of triptan-overuse headache: A randomized comparative study

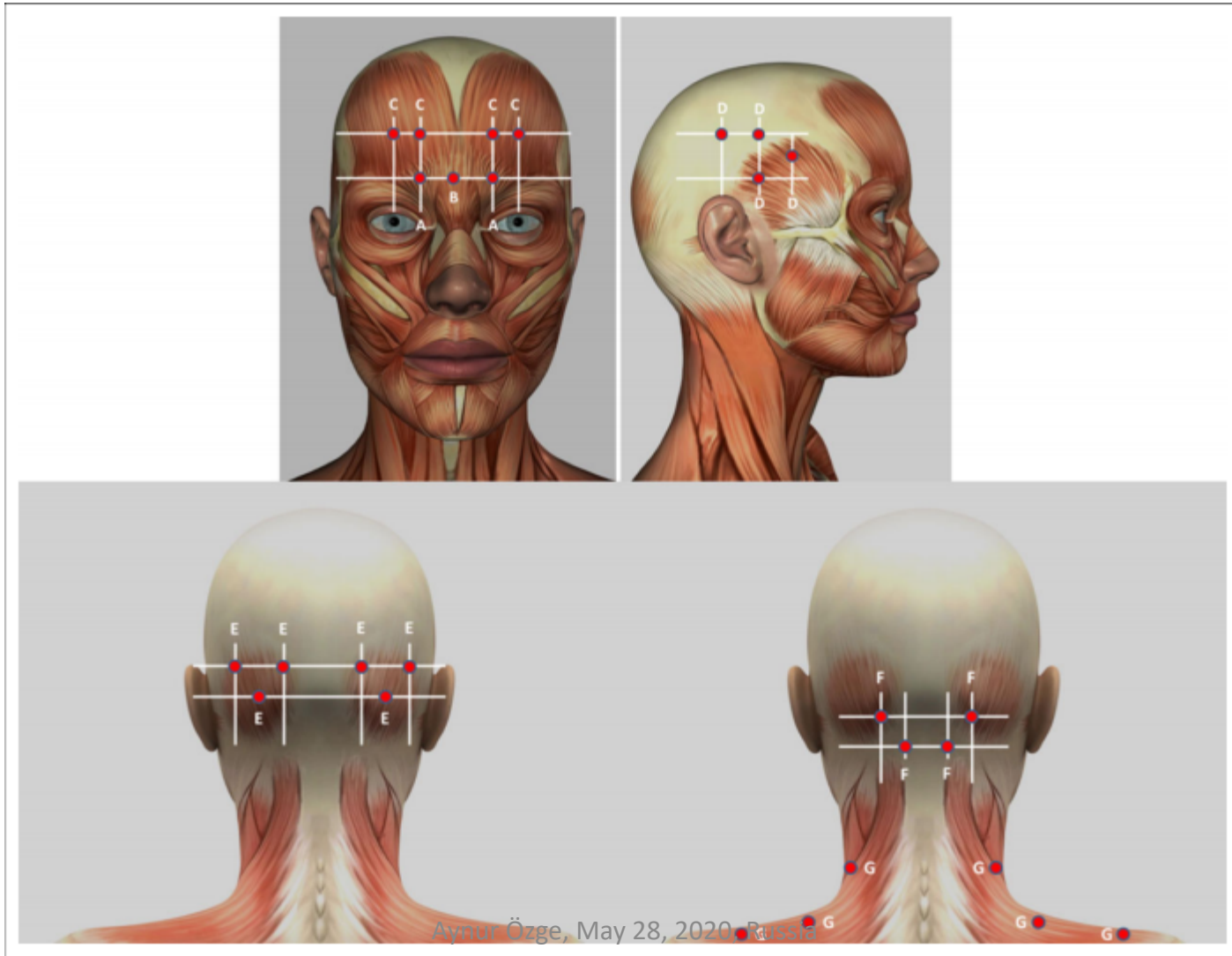
Ö. Karadaş<sup>1</sup> | A. Ö. Özön<sup>2</sup> | F. Özçelik<sup>3</sup> | A. Özge<sup>4</sup>

- GON block administration with local lidocaine following discontinuation of acute treatment has been found to be an effective method in TOH treatment
- There is also a decrease in IL-6 levels was observed in repeated GON block administration
- **Goal:** Minimum headache day...



**FIGURE 2** Graphic showing statistical comparison and reduction of age-based IL-6 levels in pretreatment, post-treatment second and fourth months

# Onabotulinum toxin-A (PREEMPT protocol)



# mABs (CGRP) (be caution !)

## Avoiding

- Blood-brain barrier such as recent meningitis, neurosurgery
- Central nervous system injury such as stroke
- Recent peripheral nerve injury
- Known immunodeficiency or who are receiving immunosuppressive medications,
- Structural heart defects, cardiomyopathy, pulmonary hypertension, coronary artery disease (from conditions such as Kawasaki's), and history of or significant risk factors for stroke.

## Should be used with caution

- Known bone diseases or significant osteopenia.
- Monitor weight and BMI in children and adolescents

## COMMENT:

- Anti-CGRP mAbs have been shown to be effective for migraine prevention in adults and have not raised major safety issues, though long-term safety data are not yet available for children and adolescents

## Exclude secondary headaches and other primary headache disorders

**MOH**

±

**CHRONIC MIGRAINE**

Stop the drug

STOP attack motivation

Intervetional procedures

2 weeks

Headache diary  
Changed life style and add  
complementary medicine

Pscyhological / social support

Managed comorbidities

Bridge therapy  
Strict follow-up  
2 weeks

1 month

**Evaluate  
Prophylaxy  
Limited attack management**

## Original article

### Determining of migraine prognosis using latent growth mixture models

Bahar Tasdelen, Aynur Ozge, Hakan Kaleagasi, Semra Erdogan and Tufan Mengi

#### Best prognostic indicator of CM;

- Associated nausea, vomiting, photophobia combination
- Severe attacks ( $VAS \geq 8$ )
- Long attack duration ( $>20$  hours).

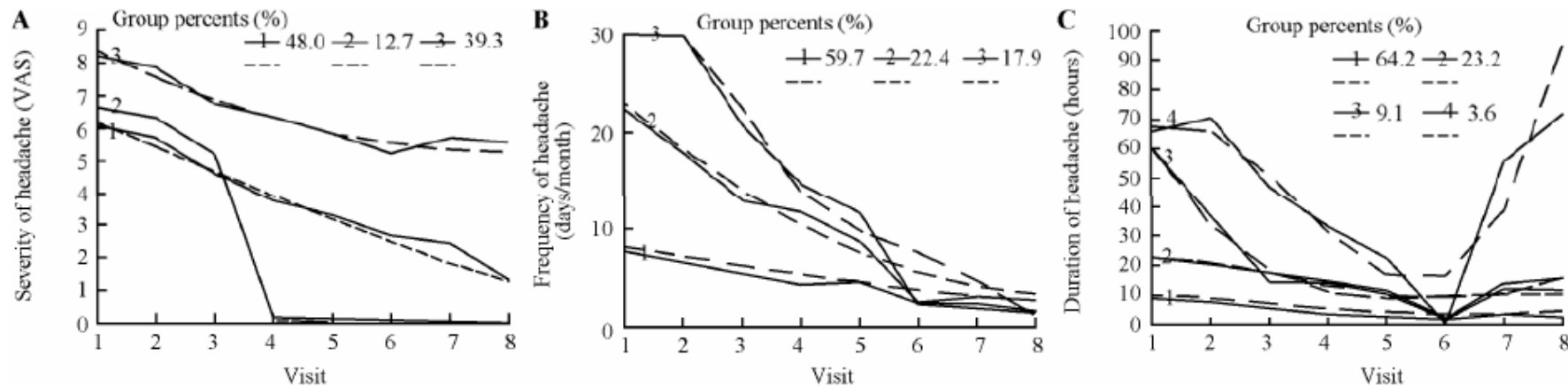


Figure. Actual and predicted trajectories for the severity (A), frequency (B), and duration (C) of headache.

Aynur Özge, May 28, 2020, Russia





## Review

### Quality of Life in Children and Adolescents With Primary Headache Disorders

Semih AYTA<sup>1</sup>, Derya ULUDÜZ<sup>2</sup>, Onur Tuğçe POYRAZ FINDIK<sup>3</sup>, Aynur ÖZGE<sup>4</sup>

- Chronic headache disorders causes negative effect on school performance, as well as emotional status.
- They perform lesser than their capabilities and their careers are negatively affected in the long-term.
- Accompanying symptoms such as depression, somatization, anxiety also impair the quality of life.
- Early identification and treatment of headache is essential.

# Life style

## Lifestyle Factors and Migraine in Childhood

Antonio Russo<sup>1,2,3</sup> • Antonio Bruno<sup>1</sup> • Francesca Trojsi<sup>1,2</sup> • Alessandro Tessitore<sup>1,2</sup> •  
Giacchino Tedeschi<sup>1,2,3</sup>

- Obesity and Migraine
- Alimentation and Migraine
- Technology and Migraine
- Sleep and Migraine
- Weather and Migraine
- Psychological Disorders and Migraine
- Family stressful life events, family conflicts, and social problems need to be fully considered !!!



CONSENSUS ARTICLE

Open Access

# Refractory chronic migraine: a Consensus Statement on clinical definition from the European Headache Federation

Paolo Martelletti<sup>1,2\*</sup>, Zaza Katsarava<sup>3,4</sup>, Christian Lampl<sup>5</sup>, Delphine Magis<sup>6</sup>, Lars Bendtsen<sup>7</sup>, Andrea Negro<sup>1</sup>, Michael Bjørn Russell<sup>8,9</sup>, Dimos-Dimitrios D Mitsikostas<sup>10</sup> and Rigmor Højland Jensen<sup>7</sup>

- ICHD-III beta does not mentioned «refractory»
- **Refractory**= Sustained headache attacks even after prophylactic medication in maximum dose, duration and combination
- Detailed consensus criteria should be discussed.

# TTH

- A. At least 10 episodes of headache occurring on fulfilling criteria B–D
- B. Lasting from 30 minutes to 7 days
- C. At least 2 of the following 4 characteristics:
  - 1. Bilateral location
  - 2. Pressing or tightening (non-pulsating) quality
  - 3. Mild or moderate intensity
  - 4. Not aggravated by routine physical activity such as walking or climbing stairs
- D. Both of the following:
  - 1. No nausea or vomiting
  - 2. No more than one of photophobia or phonophobia
- E. Not better accounted for by another ICHD-3

Infrequent TTH  
<1 day/month

Frequent TTH  
1–15 days/month

Chronic TTH  
≥15 days/month



# TTH

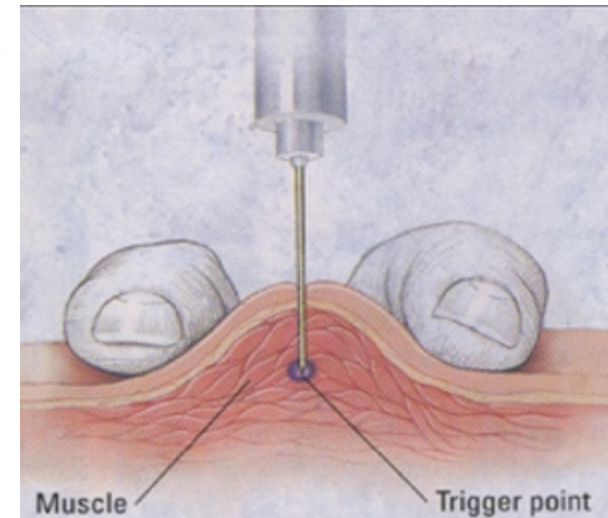
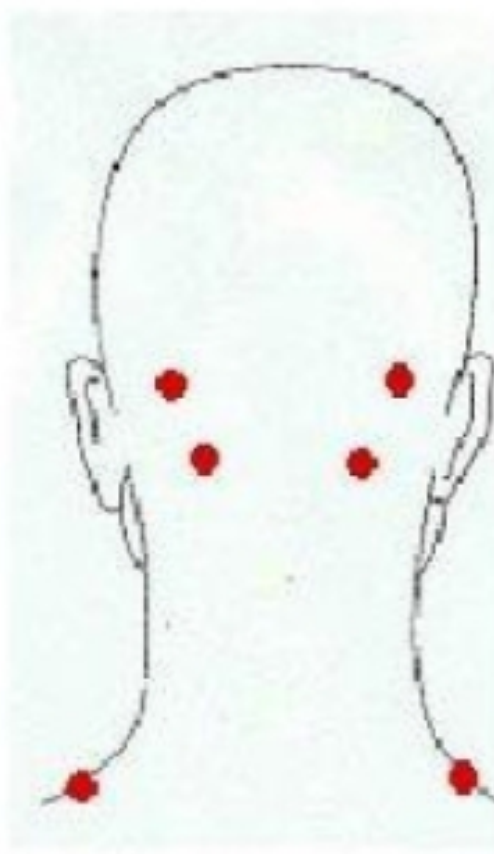
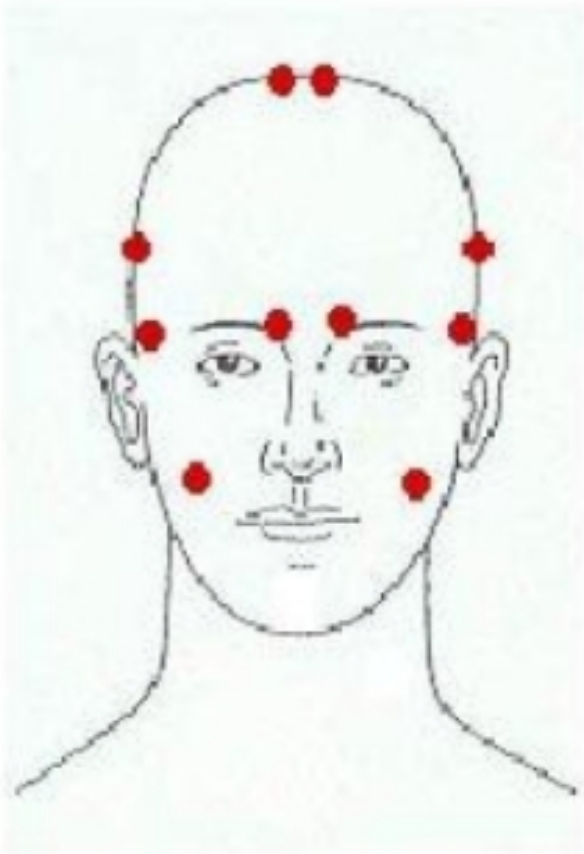
- Attack management should be behavioral management first.
- Prophylactic drugs (e.g. Amitriptyline) can be given according to comorbidities and potential side effects.

Substance	Treatment Indication	Dose	Age (years)	Level of recommendation
Paracetamol	Acute attack	1000 mg	>16	A
Aspirin	Acute attack	500–1000 mg	>15	A
Amitriptyline	Prophylaxis	1 mg/kg/day	9–15	B
Valproate	Prophylaxis (CTTH)	1000	>14	B

CTTH = chronic tension-type headache.

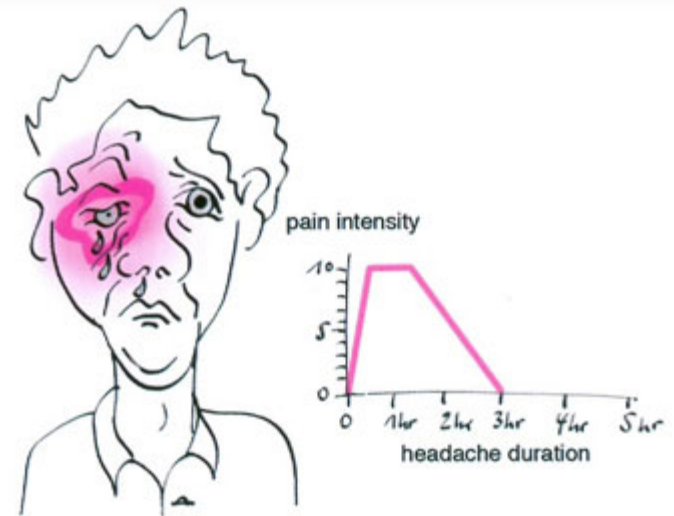


# Trigger point injections



# TACs- Cluster headache

- The estimated prevalence of cluster headache in the pediatric population (age 0-18 years) ranges from 0.09% to 0.1%
- Average delay of 6.6 years in the diagnosis of cluster headache.

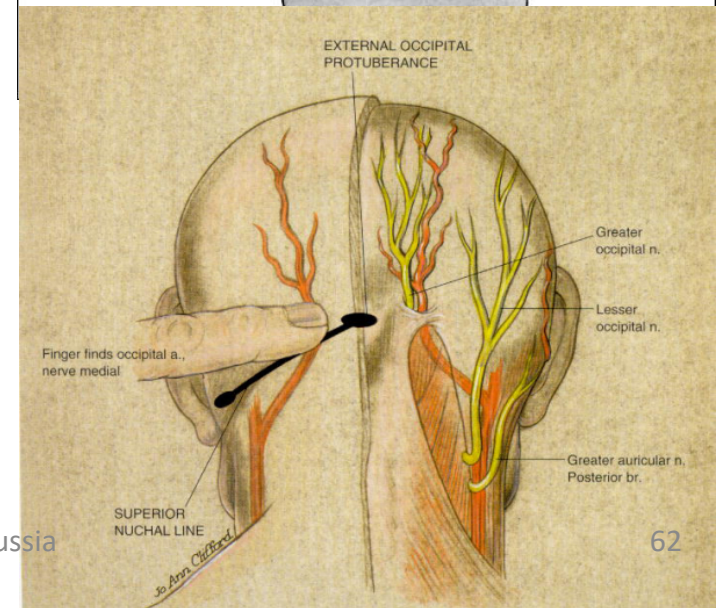
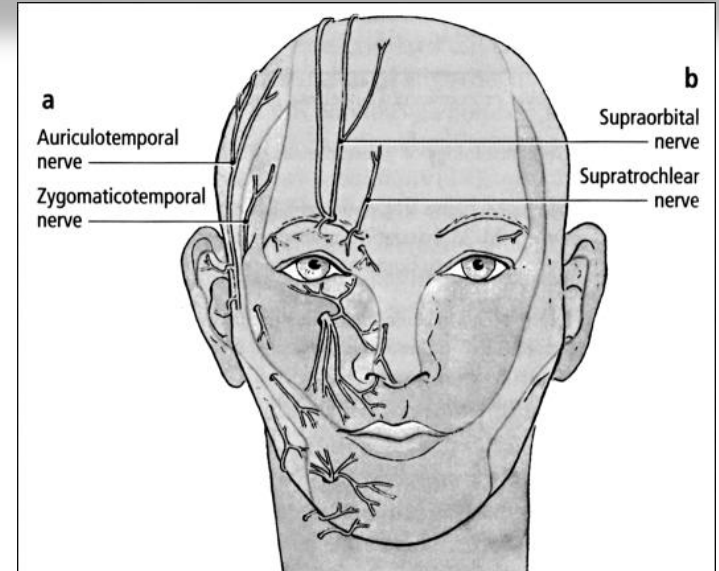


Cluster Headache Symptoms:

- Pain Around One Eye
- Tearing of the Eye
- Drooping of the Eyelid
- Stuffy Nose
- Pain in the Temple

# TACs- Cluster headache

- **Attack management**
  - Oxygen
  - Sumatriptan
- **Prophylactic drugs**
  - Verapamil
  - Prednison/prednizolon
  - Metiserjide
  - Lithium
  - Topiramate
  - NSAİİs
- **Interventions**

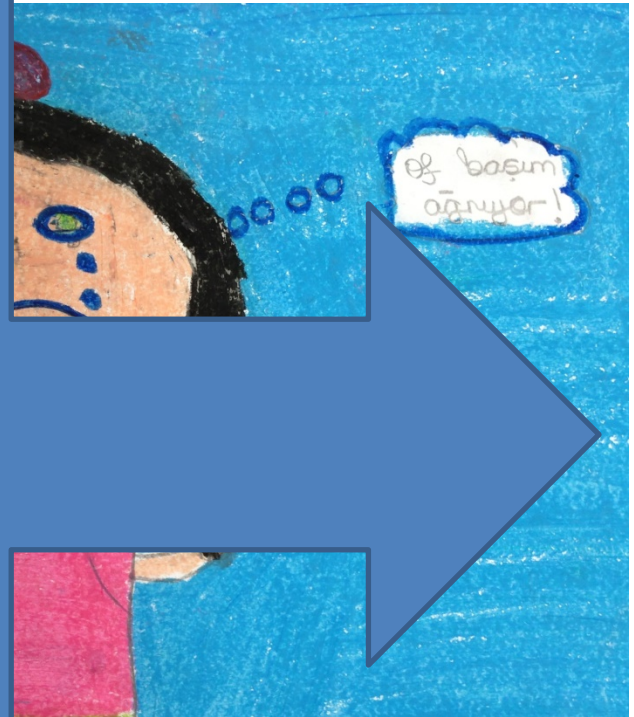






# Chronic progressive headaches

Each of the application  
please consider secondary  
causes associated with  
primary headache  
disorders



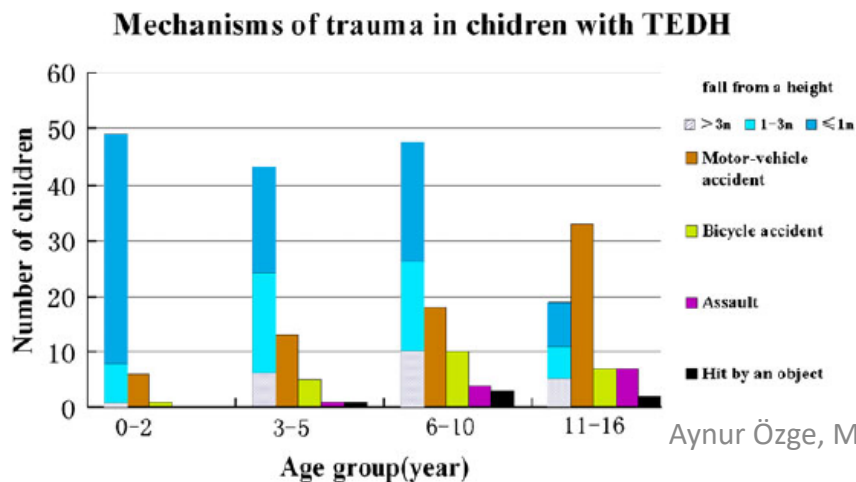


# Posttraumatic headaches

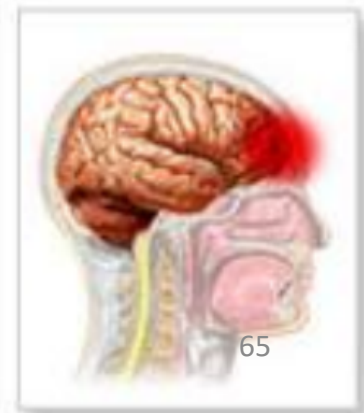
- After cranial trauma → 30-70% frequency
- If headache was associated with amnesia or focal neurological signs always neuroimaging required.
- May be a part of «posttraumatic stress disorders»...



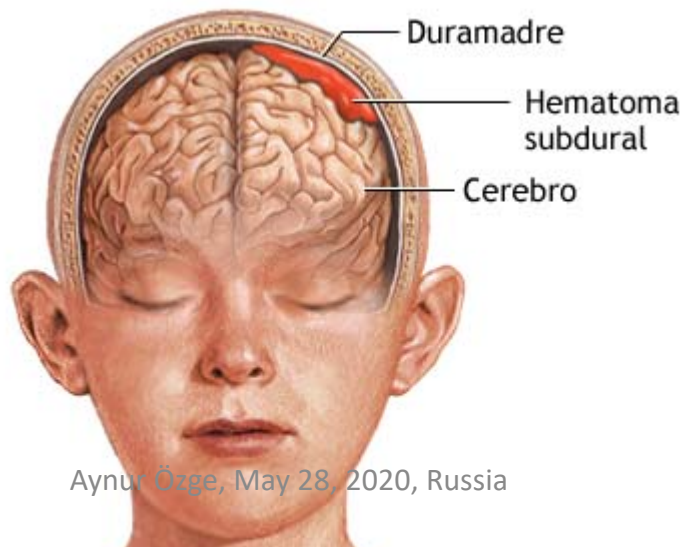
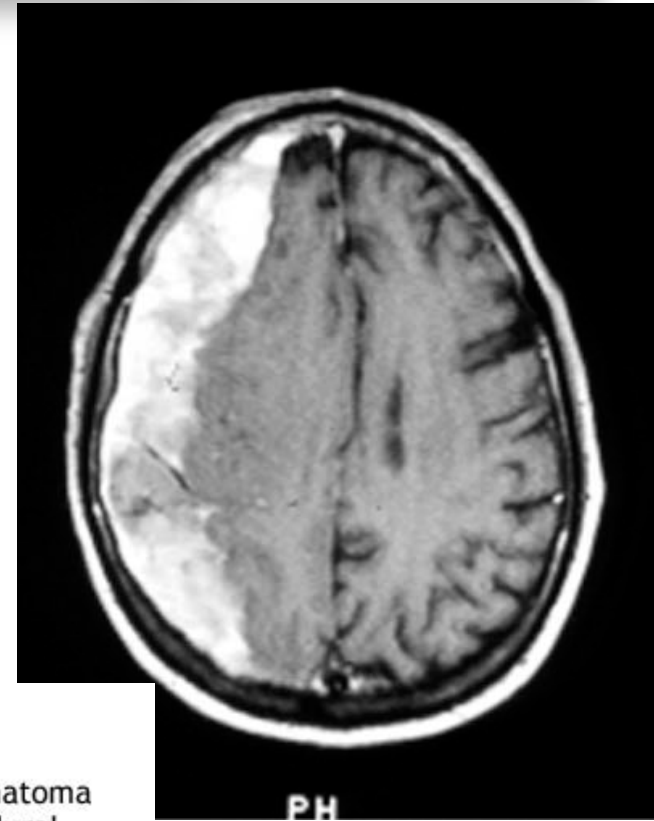
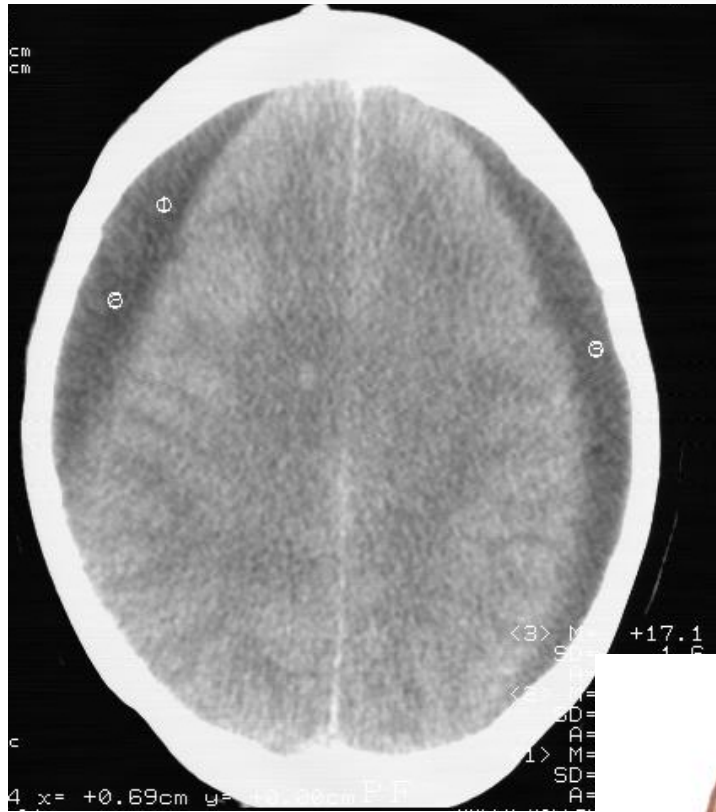
Post concussion syndrome



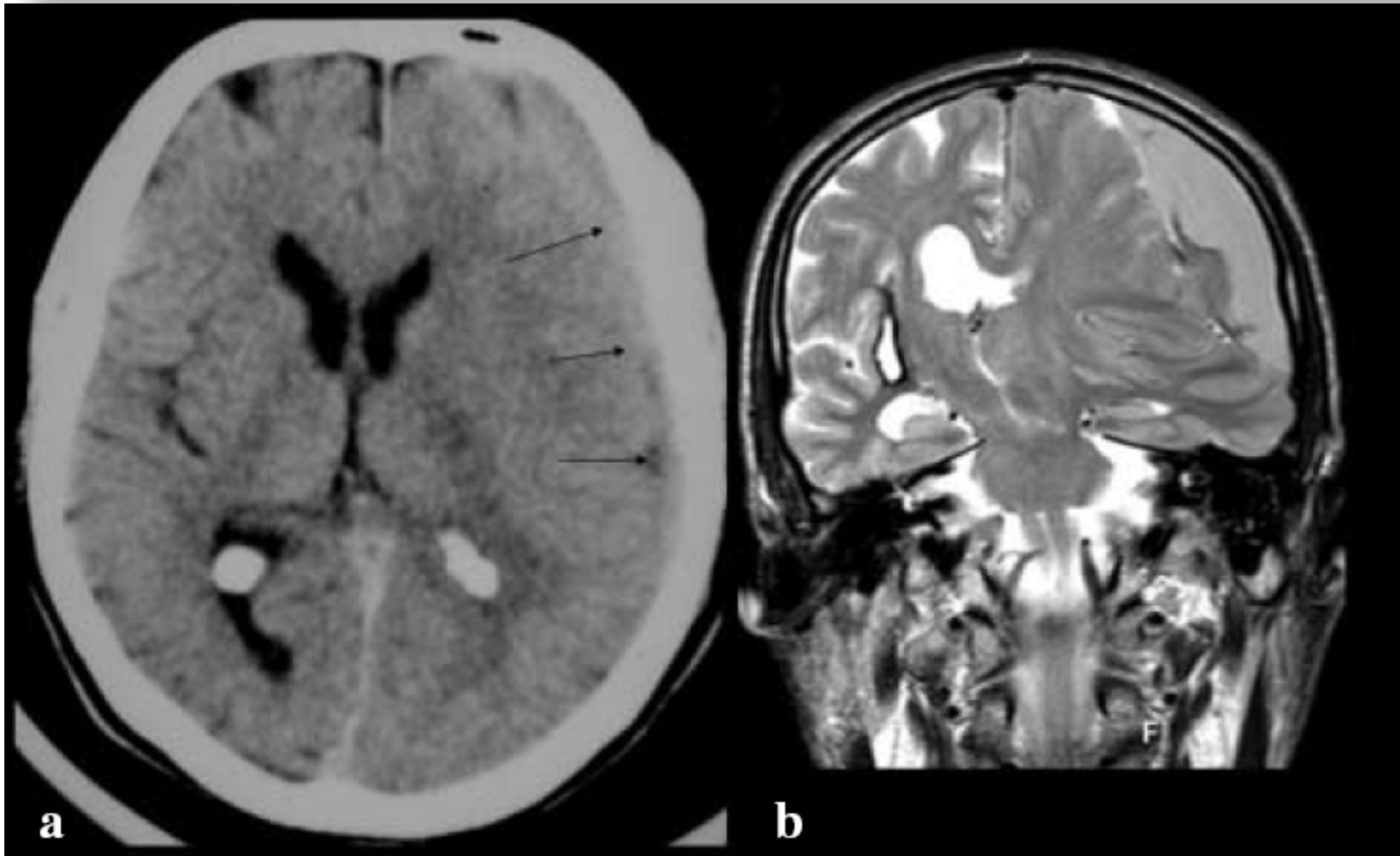
Aynur Özge, May 28, 2020, Russia



# Subdural haemorrhage

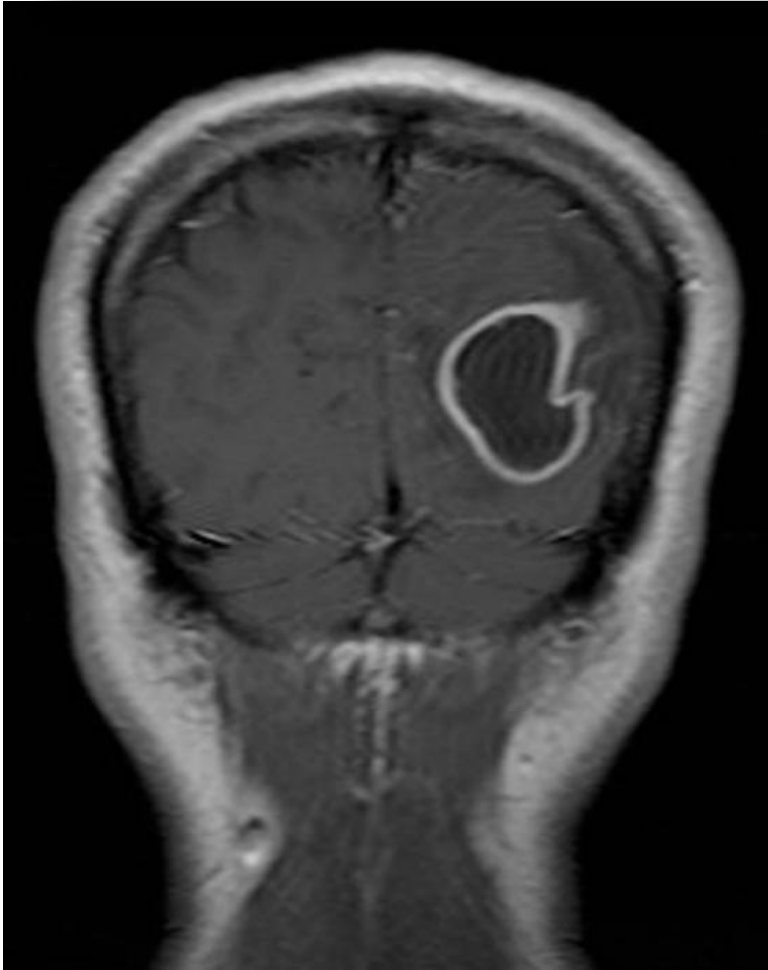


# Subdural haematoma



**!!! After blunt trauma (fighting, motorbike accident, etc.) especially youngs with substance abuse history.**

# Brain abscess

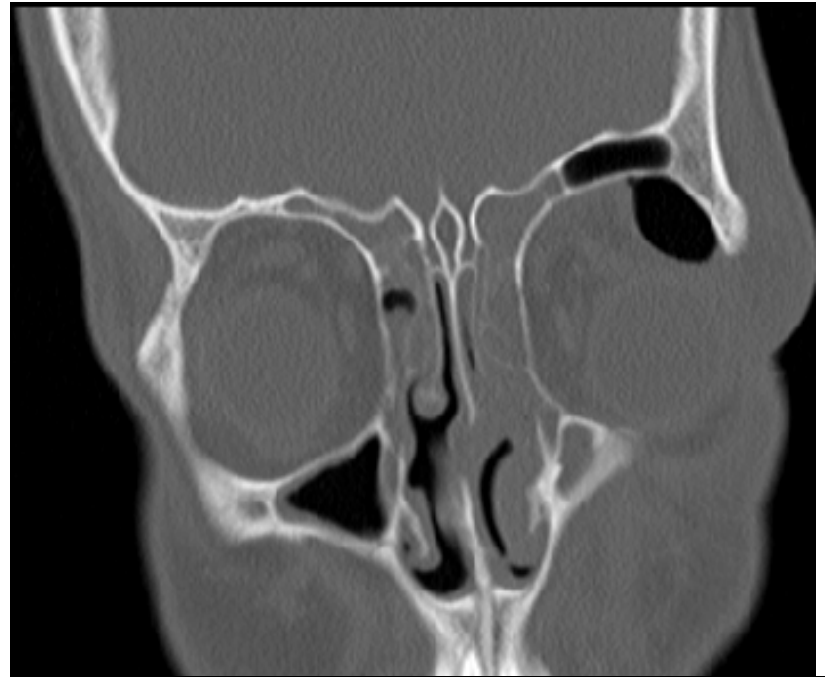




# Orbital abscess

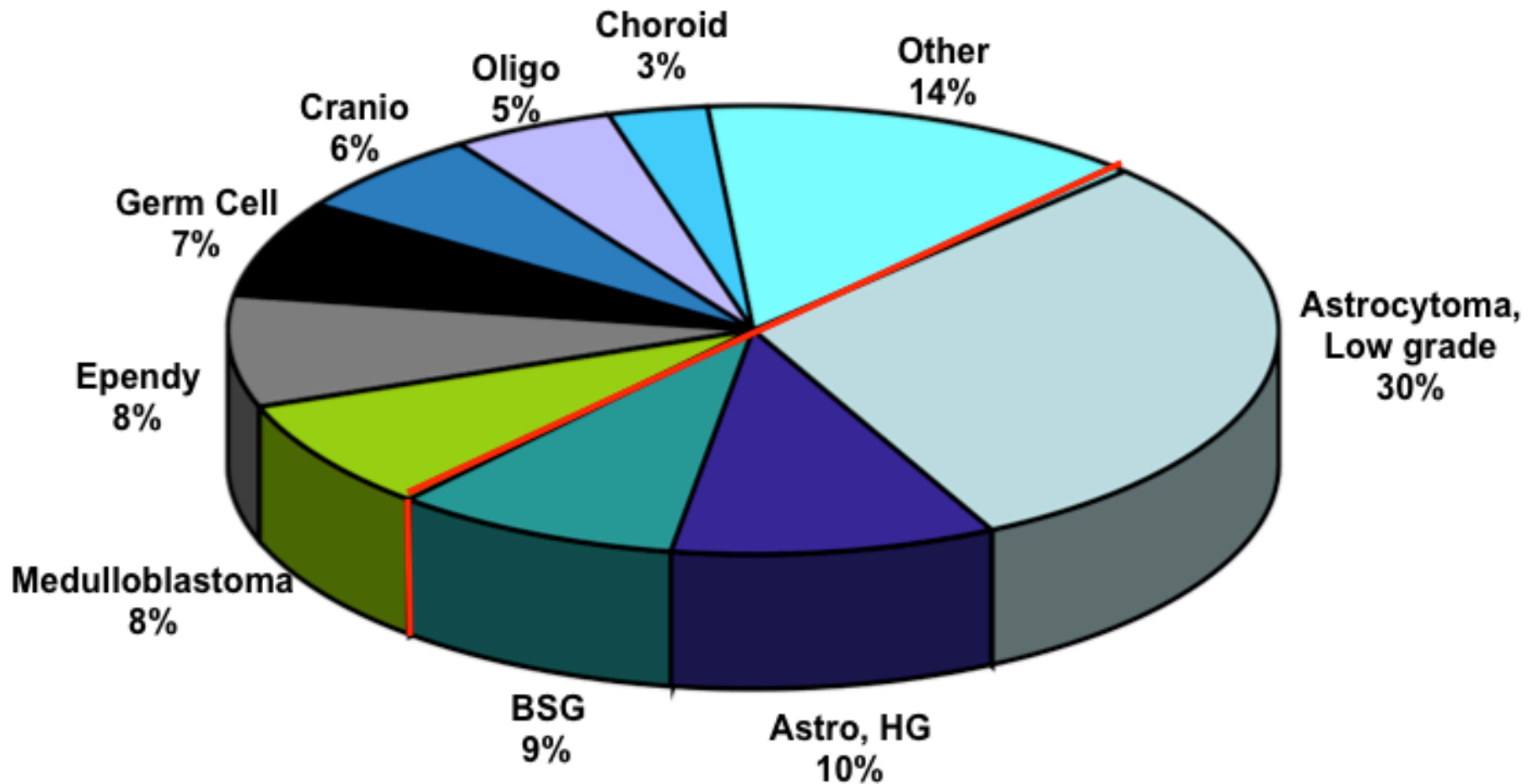


Aynur Özge, May 28, 2020, Russia





# Brain tumors in children and adolescents



# Chraniopharyngioma







Sc 5  
TIR/M  
SI 11

L

5 cm

cm

5 feet

FH -05 feet

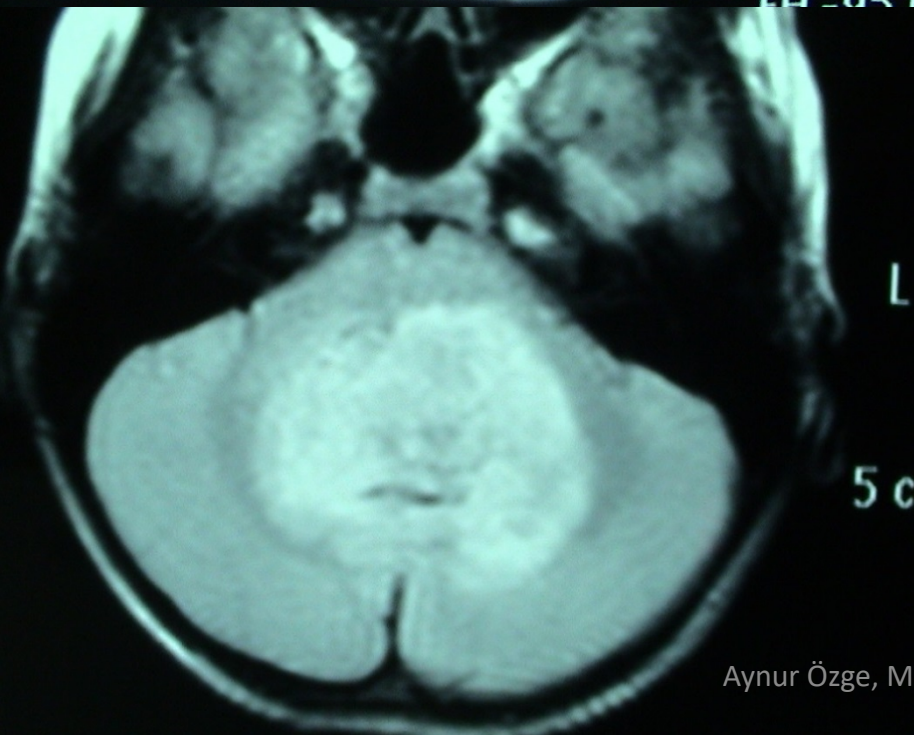


Sc 5  
TIR/M  
SI 12

L

5 cm

FH -47 feet



L

5 cm

Sc 7  
TSE/M  
SI 13

L

3 cm

52 post



Sc 8  
TSE/M  
SI 15

H

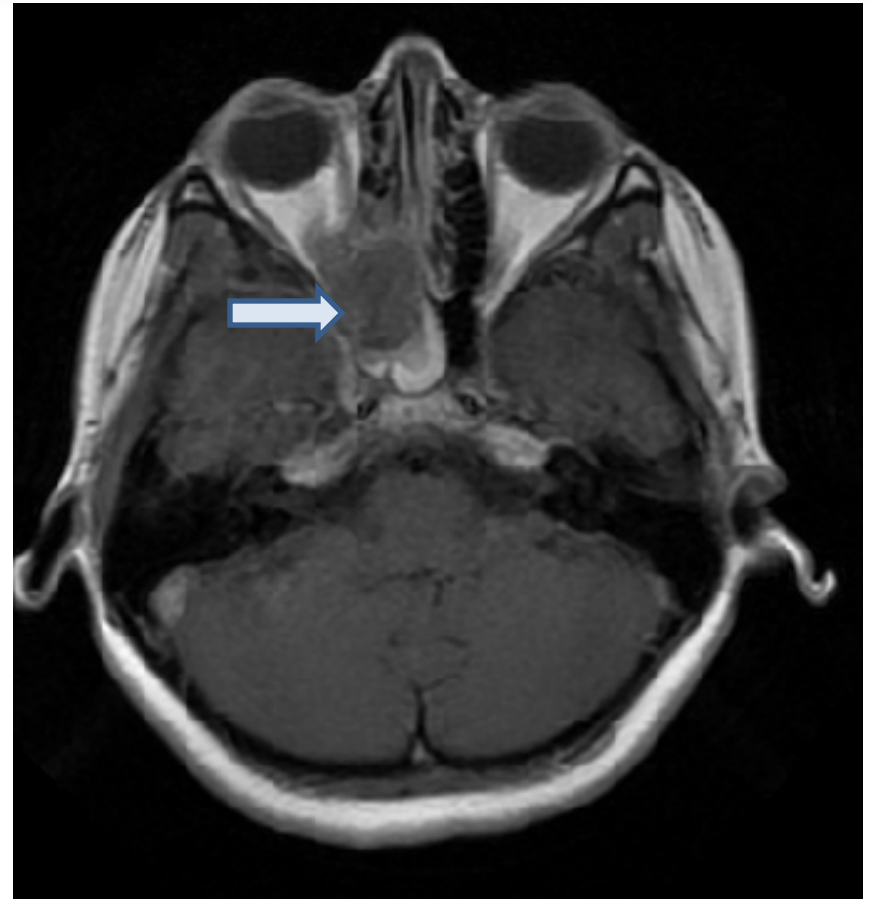
L

3 cm

AP 44 post

# Atypical facial pain

## Olfactor neuroblastoma



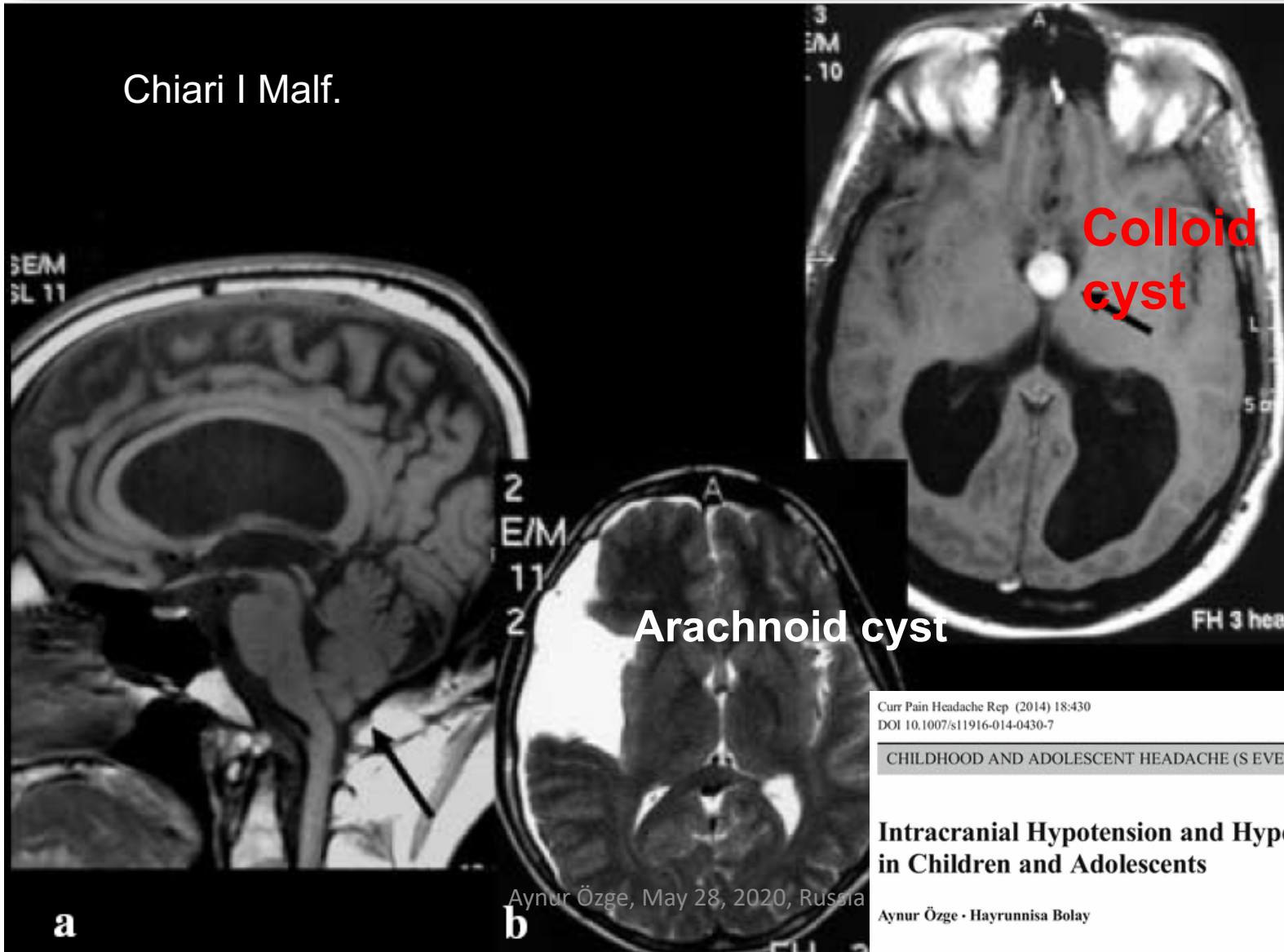
**17 years, girl, non-throbbing headache on temples  
without known triggers or associates**

Ann. N.Y. Acad. Sci. May 26, 2009, Russia



# CSF circulation disorders

Chiari I Malf.



Curr Pain Headache Rep (2014) 18:430  
DOI 10.1007/s11916-014-0430-7

CHILDHOOD AND ADOLESCENT HEADACHE (S EVERS, SECTION EDITOR)

## Intracranial Hypotension and Hypertension in Children and Adolescents

Aynur Özge • Hayrunnisa Bolay



# Home messages



- ❑ Childhood and adolescents headache requires good communication and knowledge.
- ❑ Depending on the presentation type and potential headache diagnosis management have to be planned for individually.
- ❑ Management of the headache subtype always care about comorbidities and potential side effects together with the quality of life.
- ❑ All new application and presenting signs of red flags required further evaluation should be always kept in mind for secondary causes.

# More reading...



J Headache Pain (2011) 12:13–23  
DOI 10.1007/s10194-011-0297-5

REVIEW ARTICLE

## Overview of diagnosis and management of paediatric headache. Part I: diagnosis

Aynur Özge · Cristiano Termine · Fabio Antonaci ·  
Sophia Natriashvili · Vincenzo Guidetti ·  
Çiçek Wöber-Bingöl

Özge et al. *The Journal of Headache and Pain* (2017) 18:109  
DOI 10.1186/s10194-017-0818-y

REVIEW ARTICLE

Open Access



## Experts' opinion about the primary headache diagnostic criteria of the ICHD- 3rd edition beta in children and adolescents

Aynur Özge<sup>1</sup>, Noemi Faedda<sup>2</sup>, Ishaq Abu-Arafeh<sup>3</sup>, Amy A. Gelfand<sup>4</sup>, Peter James Goadsby<sup>5</sup>,  
Jean Christophe Cuvellier<sup>6</sup>, Massimiliano Valeriani<sup>7,8</sup>, Alexey Sergeev<sup>9</sup>, Karen Barlow<sup>10</sup>, Derya Uludüz<sup>11</sup>,  
Osman Özgür Yalin<sup>12</sup>, Richard B. Lipton<sup>13</sup>, Alan Rapoport<sup>14</sup> and Vincenzo Guidetti<sup>15\*</sup>

Antonaci et al. *The Journal of Headache and Pain* 2014, **15**:15  
<http://www.thejournalofheadacheandpain.com/content/15/1/15>

REVIEW ARTICLE

## The evolution of headache from childhood to adulthood: a review of the literature

Fabio Antonaci<sup>1\*</sup>, Cristina Voiticovschi-Iosob<sup>2</sup>, Anna Luisa Di Stefano<sup>3</sup>, Federica Galli<sup>1</sup>, Aynur Ozge<sup>5</sup> and  
Umberto Balottin<sup>1,6</sup>

J Headache Pain  
DOI 10.1007/s10194-010-0256-6

REVIEW ARTICLE

## Overview of diagnosis and management of paediatric headache. Part II: therapeutic management

Cristiano Termine · Aynur Özge · Fabio Antonaci ·  
Sophia Natriashvili · Vincenzo Guidetti ·  
Çiçek Wöber-Bingöl

Özge et al. *The Journal of Headache and Pain* (2017) 18:113  
DOI 10.1186/s10194-017-0819-x

RESEARCH ARTICLE

Open Access



## Experts' opinion about the pediatric secondary headaches diagnostic criteria of the ICHD-3 beta

Aynur Özge<sup>1</sup>, Ishaq Abu-Arafeh<sup>2</sup>, Amy A. Gelfand<sup>3</sup>, Peter James Goadsby<sup>4</sup>, Jean Christophe Cuvellier<sup>5</sup>,  
Massimiliano Valeriani<sup>6,7</sup>, Alexey Sergeev<sup>8</sup>, Karen Barlow<sup>9</sup>, Derya Uludüz<sup>10</sup>, Osman Özgür Yalin<sup>11</sup>, Noemi Faedda<sup>12</sup>,  
Richard B. Lipton<sup>13</sup>, Alan Rapoport<sup>14</sup> and Vincenzo Guidetti<sup>15\*</sup>

 The Journal of Headache and Pain  
a SpringerOpen Journal

Open Access

# More reading...

## Headache in Children and Adolescents

A Case-Based Approach

Ishaq Abu-Arafeh  
Aynur Özge  
Editors

 Springer

**BMA**

**BMA Medical Book Awards 2017**

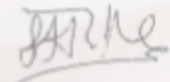
**Neurology**

**Highly Commended**

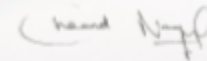
Presented to

Ishaq Abu-Arafeh and Aynur Özge and Springer  
for

**Headache In Children and Adolescents: A Case-Based Approach**



Professor Sir John Temple  
BMA president



Dr Chand Nagpal  
BMA council chair




# More reading...

Headache  
Series Editor: Paolo Martelletti

Vincenzo Guidetti  
Marco Arruda  
Aynur Özge *Editors*

## Headache and Comorbidities in Childhood and Adolescence



 Springer

Headache  
Series Editor: Paolo Martelletti

Aynur Özge  
Derya Uludüz  
Ömer Karadaş  
Hayrunnisa Bolay *Editors*

## Peripheral Interventional Management in Headache



 Springer





**Thanks  
for  
your  
attention...**

